

BGS NATIONAL PUBLIC SCHOOL

Hulimavu, Bannerghatta Road, Bangalore-76

Subject: Environmental Science (EVS)

Revision - Chapter 4 - I Keep My Body Clean

Class 1

I. Tick the correct option.

1 Identify the habit that keeps you healthy and fit.

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|---|----------------------------------|
| A. By growing nails | C. By sleeping late |
| B. Wash hands with soap and water before eating | D. Wipe dirty hands on the dress |

2. Arjun's nails are long and dirty. Identify the best reason to trim them.

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|---|---------------------------------|
| A. They look colourful | C. They help us write faster |
| B. They can collect germs that may make us sick | D. They make our fingers longer |

3. Maya brushes her teeth every morning and before going to bed. This habit helps to:

- | | |
|-------------------------------------|-------------------------|
| A. Keep her teeth clean and healthy | C. Keep her shoes clean |
| B. Make her hair grow faster | D. Make her taller |

II. Fill in the blanks.

4. I do _____ to stay fit and strong.
5. We should keep our surroundings _____.
6. Dirty hands carry _____. They make us sick.

III Match the following

- | | |
|-----------|-------|
| 7. Brush | Hair |
| 8. Soap | Wipe |
| 9. Comb | Teeth |
| 10. Towel | Bath |

IV. Think and answer

11. Your friend forgot to bring comb and asks yours. Describe your action.

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Answer Key

I. Tick the correct option.

1. B. Wash hands with soap and water before eating
2. B. They can collect germs that may make us sick
3. A. Keep her teeth clean and healthy

II. Fill in the blanks.

4. Yoga / exercise/ Jog
5. Clean
6. Germs

III Match the following

- | | |
|----------|-------|
| 7.Brush | Teeth |
| 8.Soap | Bath |
| 9.Comb | Hair |
| 10.Towel | Wipe |

IV. Think and answer.

1. We should not share the comb as it can spread germs.