

Myself

Budding Values: Self appraisal, Respecting differences, Celebrating life

Students details

My name is _____

I am _____ years.

I am studying in _____ school.

I am studying in class _____.

My weight is _____ kg.

My height is _____ cm.

My shoe size is _____.

The colour of my hair is _____.

The colour of my eyes is _____.

My favourite colour is _____.

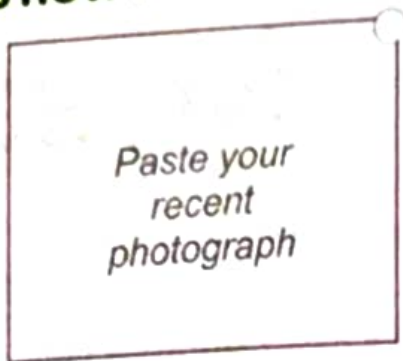
My best friend is _____.

I wish to be a _____.



Teacher | Encourage the children to narrate the above information in front of the class or in the morning assembly to develop self-esteem.

This is how I look...



My birthday is on



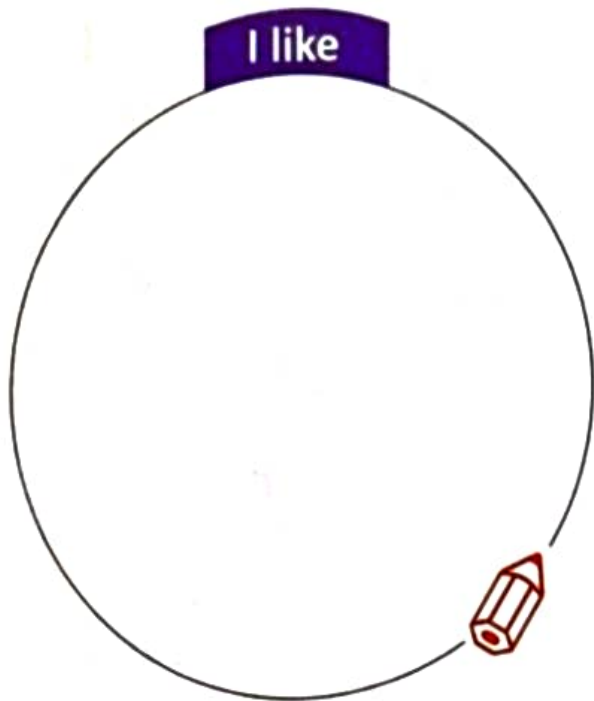
My likes and dislikes...

Students choice

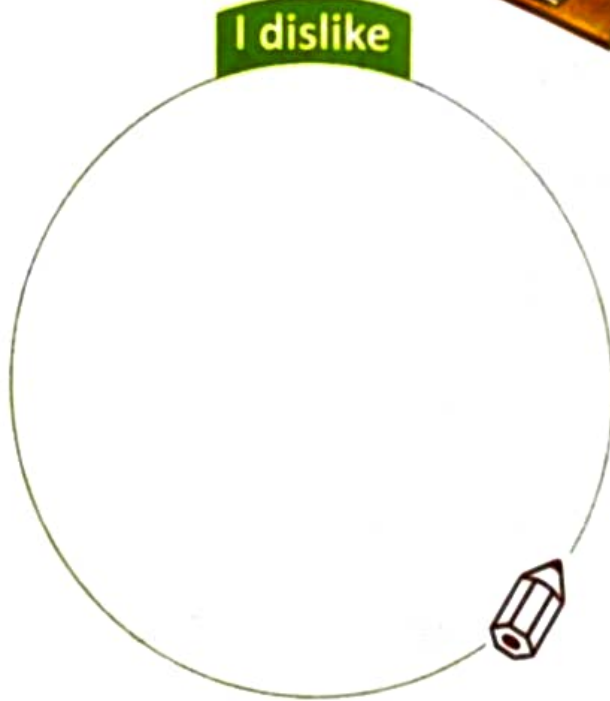
Draw pictures of two things that you like and two things that you dislike.



I like



I dislike



I like to eat

1. _____.

2. _____.

I do not like to eat

1. _____.

2. _____.

Students will write their answers by observing their friends.

Look at your friend and fill in the blanks.

1. My friend's hands are _____ (soft/rough).
2. My friend's cheeks are _____ (pink/yellow).
3. My friend's eyes are _____ (brown/black).
4. My friend's fingers are _____ (long/short).
5. My friend's teeth are _____ (white/yellow).

Different types of walk

People walk by putting one foot and one arm forward. Animals walk in different ways. Can you walk like an elephant, a horse, a kangaroo, a tiger or a rabbit?



Learn the poem...

Everyone says, I talk like my father,
My nose is like my mother's,
My eyes are like my uncle's,
My fingers are like my brother's,
My walk is like my grandfather's
But I want to look like ME!



Activity

1. Circle the correct word:

- (a) I have black / brown hair.
- (b) I have black / brown / grey eyes.
- (c) I have long / short hair.
- (d) I have small / big feet.
- (e) I have white / yellow teeth.

2. Look at the picture given below. It is a picture of a man, made with basic shapes. Add other parts of his body like hands, feet, ears, nose, etc., and complete the picture.





1. Myself

Framework-1



1. Today is your first day in the class. Your teacher tells you to introduce yourself to the class. How will you give your introduction? Tell the following details about yourself.

- (a) My name is _____. *Student's details*
(b) I am _____ years old.
(c) I live in _____.
(d) My father's name is _____.
(e) My mother's name is _____.



2. Your Likes! *Student's choice*
Tell about your favourite:

- (a) colour _____ (b) food _____
(c) fruit _____ (d) dress _____
(e) game _____ (f) subject _____



3. What would you want to become, when you grow up? Tick (✓) the option that you wish to be. *Student's choice*

(a) Teacher

☐

(b) Doctor

☐

(c) Pilot

(d) Engineer



4. Write your favourite activities/hobbies in the boxes given below.



5. You watch cartoons on television. Think and select any one cartoon character. Write four things you like about that character and four things that you learn from it. One has been done for you. (You can take words from Help Box.)



Help Box

good friends, beautiful, large, sweet voice, costume, magical powers, brave, loving, kind, respect elders, strong, caring



Five things you like about <u>Doraemon</u> (write name of the cartoon character)	Five things you learn from <u>Doraemon</u> (write name of the cartoon character)
(a) Cute	(a) Helps everyone
(b) <u>Magical powers</u>	(b) <u>Be a good friend</u>
(c) <u>Sweet voice</u>	(c) <u>Be kind and caring</u>
(d) <u>Helps Nobita</u>	(d) <u>Always find a solution</u>
(e) <u>Funny and kind</u>	(e) <u>Respect elders.</u>

3/6/ Hc



1. Myself

Framework-2

Student's choice



1. You have different level of interest in different activities. Number the given activities as 1,2,3,..... according to your interest areas.

(a)

Reading
Subject books



1

(b)

Writing



2

(c)

Reading story
books



3

(d)

Drawing



6

(e)

Riding cycle



7

(f)

Playing games



5

(g)

Singing



4

(h)

Dancing



8

(i)

Listening stories
from grandparents



9



2. A picture of a gift hamper is given below. It has many interesting things like toys, food items etc. Pick any five items and write their names in the given table. Also, mention the reason why you chose that item.



Items	Why you chose it?
(a) <u>Grapes</u>	<u>They are juicy and healthy.</u>
(b) <u>Banana</u>	<u>It is a healthy fruit.</u>
(c) <u>Doll</u>	<u>I like to play with doll.</u>
(d) <u>Toy car</u>	<u>I love playing with car.</u>
(e) <u>Flowers</u>	<u>They are beautiful.</u>

Ch 1. Myself

Initiation : Rhyme (Self -
introduction)

I New words :

- | | |
|-----------|---------------|
| 1. Class | 7. Like |
| 2. School | 8. Dislike |
| 3. Colour | 9. Hobby |
| 4. Year | 10. Favourite |
| 5. Name | |
| 6. Friend | |

★ Learning Outcome :

Identify personal likes and dislikes.

II Give one word answer.

1. Write your favourite hobby.

2. Name a colour that you dislike.

3. Write your dream
profession. _____

III Activity : Show and Tell -

'My Favourite Toy'

Revision - Ch 1

I Fill in the blanks.

1. My name is _____
2. My best friend is _____
3. I like to eat _____